

Adventure

for the New Evangelization

Be a Summer Fellow in Wyoming

The COR Leadership Model integrates leadership opportunities with Christian purpose, recognizing the call to servant leadership present in the Gospel. This pilgrimage is ordered towards providing real hands-on opportunities for leadership, support and development of leadership skills through teaching and coaching, and the need to experience the beauty and wonder found in God's creation to be fully alive.

The renewal of community is one of the main goals of a COR course, and is experienced not only during facilitated activities but also organically through conversations around the campfire, eating meals together and shared moments of wonder and joy. Leadership and experiences of beauty and challenge all come together through certain spiritual themes which are central to a course: who we are and how we are called to live out our vocations.

Highlights

- Horseback Ride
- Climb/Rappel/Hike
- Canoe/Lake/Fish

All of these activities are "Challenge by Choice", meaning that participants can push themselves as much or as little as they want. None of these activities require a minimum amount of activity level other than horseback riding. If a person doesn't want to ride they can stay at the ranch during the ride.

Expedition Crew

Thomas Zimmer Ph.D., *Executive Director of COR Expeditions & Staff*

Dr. Zimmer teaches ELP (Experiential Leadership Program) courses for Wyoming Catholic College both in the classroom and in the backcountry, spending nearly 10 weeks in the wilderness each year.

Franciscan Team

Faculty from the Catholic Leadership Program and Franciscan Friars



July 18 - July 25, 2020

This trip will provide a variety of outcomes that are unique to the ranch experience.

•Rest and Relaxation

This experience will separate you from the busy lifestyle that we all have in the work-place environment. While there is minimal internet and a phone for emergencies, the ranch is free from cell service which will allow you to truly disconnect and focus on leisure and relaxation.

•True Community

The experience will involve an amazing group of educational leaders, teachers, professors, administrators, etc. Not only will there be a wealth of knowledge and expertise but everyone will be in an environment where the community can flourish. With no cell service and other distractions, everyone can focus on the moment and on the people that surround them at the ranch. Meals and classes and activities will all be with the same people and the entire environment encouraged true relationships to develop. These people will not only spend an amazing week with you but they will also be great resources in the future.

•Spiritual Renewal

The ranch is located in an amazing location and the entire week will be surrounded with beautiful landscapes, high mountains, rivers and streams and much more. Being immersed in God's natural environment can't help but make us wonder about all that God provides for us. Disconnecting for a week and living in this environment also allows the necessary time to contemplate and quietly listen to God's voice. In addition, daily mass in the mountains and access to confession and adoration adds more opportunities for spiritual growth and renewal.

•Team Work & Personal Growth

The activities, classes and discussions at the ranch will provide numerous ways for everyone to grow as a team and as an individual both physically and intellectually. The entire week, each activity, and each talk/discussion is intentionally designed to foster growth in leadership, faith, and more. For example, many of the activities will challenge people to step outside of their comfort zone and experience something new and difficult, or scary. Of course our staff are there to encourage you and teach you everything you need to know to succeed in each activity. While many of the activities are individual based such as horseback riding, several of the activities are group based which will lend to growth in teamwork and trust.

•Leadership Models and Theories

In addition to the physical activities, there will be various classes and discussions focused on leadership, including numerous leadership models and theories. The ranch experience will not only discuss leadership models but you will also get to see it first hand through the activities throughout the week.

This pilgrimage trip is in late July so the temperatures are nice a warm during the day (70's to 80's) and a little cool in the evening (50's to 60's). It could rain but typically the days are sunny and dry with an afternoon shower here and there. The ranch is at 7,500 feet in elevation and is located at the base of the famous Wind River Range about 30 minutes from Pinedale, Wyoming. This trip will involve a variety of outdoor activities such as hiking, horseback riding, rock climbing, canoeing, and team work activities.

All of these activities are provided "challenge by choice" which means you can decide how much you want to engage in the activity based on your comfort level. However, we will encourage you to challenge yourself and try something new. It is a good idea to be ready for a moderate level our activity on this trip even if you choose not to do all the activities because we do want the group to be together during the activities. For example, we do want everyone to hike to the base of the rock climbing crag as a team and then individuals can decide how much they want to climb at that point.

We will also have an optional overnight backpacking trip which will involve carrying a backpack full of gear (30-40 pounds) and hiking 3-5 miles to the camp location. We encourage all participants to do some physical exercise for the 3-4 weeks prior to coming to the ranch due to the outdoor activities we will provide and the high elevation of the ranch. The more you prepare for this trip the more enjoyable the hikes and activities will be for you.

•Disclosure

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